

WISE WOMAN RETURN TO AVALON

SACRED SITES TOUR WITH DELLAINA & ALMORA

Supported by John Flanagan our tour guide and driver



ITINERARY

22ND – 29TH AUGUST 2010

DAY 1

SUN 22ND

You will be picked up and transported from London to Glastonbury, having the chance to get your bearings and reconnect with this mystical and magical town. Dellaina and Almora will facilitate a welcoming ceremony and we will meet our host and driver John Flanagan, who is a teacher of metaphysics and a spiritual practitioner from Ireland. He has a deep knowledge of these sites and is a very gifted healer and psychic. In the evening, we will take a nature walk to connect with the elementals, the animal and nature spirits, opening to the ancestors of the land and our ancient past.

DAY 2

MON 23RD

Up early for a full tour of Glastonbury, The Abbey, the holy thorn tree, the Chalice Well, the Tor, and Gog and Magog. We explore the Arthurian legends, the Knights of the Round Table, the priestess of Avalon and a time of magick, chivalry and adventure. Some free time in the afternoon, followed by an evening circle at the top of the Tor facilitated by Dellaina. We will then visit a 15th century old pilgrim's inn for dinner.

DAY 3

TUE 24TH

Early start for Cornwall and a full tour of Tintagel, Arthur's castle, Merlin's cave, St. Nectar's Glen and Waterfall, and Rocky Valley. We will explore the story of Isolde and Tristan and the complex triangle of love, passion and betrayal and hear about Merlin the wise wizard and teacher and Morgan La Faye. A ceremony will be conducted here for those who wish to participate, then we will return home for some well needed rest.

DAY 4

WED 25TH

Full tour of Avebury stone circle, West Kennet Long Barrow, The Sanctuary, and any crop circles. Who made these circles? We will mediate on the symbols of the crops and have a discussion about our insights. Some private time for meditation, contemplation and a little musing in your journals or creativity. (*Please note we cannot guarantee the crop circles but trust they will appear for us!*)

DAY 5

THU 26TH

A full tour of Woodened, Salisbury Cathedral and Camelot, Stonehenge with private evening access after it is closed to the public. Dellaina will lead an activation of energy opening the way the communications with the guardians of the stones. This will be a real gift to spend time in this ancient place, witnessing the spiritual visitors that still inhabit this place. We will stop in a quaint country public house for dinner before heading home to bed.

DAY 6

FRI 27TH

Full tour of Wells and its Medieval Cathedral; Bath, City of the Goddess; and the Roman Baths. We explore the energy of Mary Magdalene, the fusing of Paganism and Christianity and the feminine principals. This will be a day to take in the sights and connect with these feminine principals.

DAY 7

SAT 28TH

Today, after a morning mediation and discussion you are free to spend the day at your leisure. Wander around the many shops, re-visit the abbey, local sites or just relax and take it all in.

There will be a farewell closing blessing with Almora, Dellaina and our hosts and guide. A last evening dinner together at one of the local historical inns.

DAY 8

SUN 29TH

Morning meditation before breakfast. We will be leaving at approximately 11am to head back to London for those who would like a transfer. Otherwise, we will leave you here to consolidate all that you have experienced.



ADDITIONAL INFO:

COST: GBP1,150.00 per person to include: Seven nights shared-accommodation in 3 – 4 star en-suite rooms with breakfast; transfers from and return to London (set date and times only); transport with spiritual guide and driver to all sites; all entrance fees, historical and spiritual site information, and ceremony facilitation by our driver and host, John Flanagan; Dellaina and Almora's facilitation and guidance fee.

NOT INCLUDED: Insurance (which is a condition of travel on this tour); meals (except breakfast); spending money; additional entrance fees to other places of interest; additional nights' accommodation; or alternative date/time return transfer.

PLEASE NOTE: Some of the day's activities maybe changed around to accommodate crop circles and other important events. We ask that you are flexible and open to changes that may arise on our pilgrimage for being in the moment is part of the adventure!

This tour is limited to eight woman and a GBP200.00 deposit is due by the 2nd April to secure your space.

We are happy to recommended Katie Imrie of House of Travel, Addington for further travel information and arrangements. Kate is highly experienced and is happy to help you plan your trip. **Contact Kate on 03 339 3440.**



Visit our website at www.almora.co.nz